

TILGANGA EYE CENTRE

The not-for-profit Tilganga Eye Centre in Kathmandu, Nepal, is an essential partner for the Tibet Vision Project's ability to train Tibetan surgeons in high-volume, high-quality cataract surgery.

After initiating new surgeons in microscopic surgical techniques during Tibetan eyecamps, surgeons and nurses are sent on Project scholarships to Tilganga for further training. Upon their return to Tibet, Tilganga and the Tibet Vision Project will later conduct eyecamps with the “graduates”, to monitor and improve their surgical capacities.

Tilganga was founded in 1994 by the HCP Co-Director, Dr. Sanduk Ruit, the Fred Hollows Foundation, and the Jogmon Kongtrul 3rd Rimpoche Trust. It was the first outpatient cataract surgery center in Nepal. It is now the preeminent center for the cataract microsurgery— with an outstanding intraocular lens implant manufacturing capacity that Dr. Ruit introduced to the region.

Tilganga is the hub of high-quality eye care in the Himalaya. In 2002, doctors at Tilganga performed over 5,000 major ophthalmic surgeries, and cared for over 100,000 outpatients in Nepal. In addition, our doctors performed over 4,000 surgeries and cared for nearly 40,000 outpatients at its twelve free microsurgical outreach eye camps throughout the Himalayan region.